

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Maresh Art Unit: 3764

Serial No: 09/054,643 Examiner: Crow

Filed: April 3, 1998

Title: EXERCISE METHODS AND APPARATUS

Certificate of Mailing

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION is being deposited with the United States Postal Service as First Class mail, postage prepaid, in an envelope addressed to Assistant Commissioner for Patents, Box Non-Fee Amendment, Washington, D.C. 20231, on this 18th day of January, 2000.

MAK
Mark A. Krull

TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

Assistant Commissioner for Patents
Box Non-Fee Amendment
Washington, D.C. 20231

Dear Sir:

The following items are enclosed.

- Amendment and Response (5 pages)
 Substitute Drawing Sheet
 Return postcard

Please charge any fee deficiency to PTO Deposit Account No. 50-0549. This Transmittal Sheet is being submitted in duplicate.

Respectfully submitted,

MAK
Mark A. Krull
Reg. No. 34,205

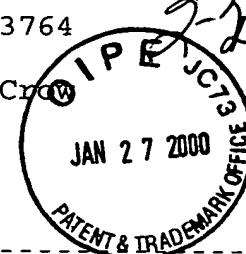
1705 East Ridge Court
Northfield, MN 55057
(507) 645-1605

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TECHNOLOGY CENTER 3700

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Applicant: Maresh Art Unit: 3764
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Title: EXERCISE METHODS AND APPARATUS



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MAK
Mark A. Krull

AMENDMENT AND RESPONSE

Assistant Commissioner for Patents
Box Non-Fee Amendment
Washington, D.C. 20231

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to the Office Action dated October 15, 1999.

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TECHNOLOGY CENTER 3700

In the Drawing

Please accept substitute Figure 11 (with changes to original Figure 11 shown in red ink).

In the claims

Please cancel claims 7 and 15 without prejudice.

Please amend the claims as follows:

1. An exercise apparatus, comprising:

a frame designed to rest upon a floor surface;

first and second force receiving members, each sized

and configured to accommodate a person's foot;

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